



Humanitarian autobiographies provide compelling windows for analysing the religious encounters of aid workers. Free from the genre constraints of development scholarship or fundraising appeals, religion and spirituality are frequently given considerable space in these narrations, in a variety of different ways. Some authors are fascinated by the exotic religions they encounter, others face an existential crisis that leaves them feeling shattered, while others undergo a spiritual transformation as they arrive at new understandings of themselves. This talk explores humanitarian autobiographies as 'confessions' in that the authors seek to reveal something about their hidden or interior lives through their self-descriptions. I draw on a range of books, including: The Selfish Altruist, Three Cups of Tea, Emergency Sex, Zen Under Fire, and Tsunami and the Single Girl. This talk focuses especially on those texts that engage with Asia. I argue that the critical study of humanitarian autobiographies is an important site for thinking through the contested and dynamic cultural politics of aid work.

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